



# DAILY SCHEDULE

NAME:

TIME	SCHEDULE	ACTIVITY
BEFORE 8.00 AM	Wake up & Breakfast	Eat breakfast, make your bed get dressed for the classes
8.00 - 10.00 AM	Academic Time	Online classes
10.00 - 11.00 AM	Play time with some food on the side.	Independent playing -Legos, Sudokus, flash cards, Mechanics
11.00 - 12.00 PM	Chore Time	Help mama in the kitchen (it could be dishes, food, cleaning or just arranging the home)
12 PM	Lunch	
12.00- 2.00 PM	Quiet Time	Reading, Puzzles or Nap
2.30- 4.00 PM	Academic Time	Worksheets/ homework / numbers/ English
4.00- 5.00 PM	Milk/ Snack & Scheduling (* this is the most important part of the day)	Wind up the table and line up things for the next day with that milk!
5.00 - 6.30 PM	Fresh Air	Bike, play outside if safe or just jump around the home, exercise (NO Electronics!)
6.30 - 8.00 PM	Creative Time	Color, Music, Dance some use of Electronics OK!
8.00 PM	Dinner	
8.30 - 9.00 PM	Free /TV time	Board games, prodigy, journal some random reading and tuck into bed.
BY 9.30PM	Bedtime	